



OUR TIME ALL ABILITY YOUTH FORUM TOWER HAMLETS



We are run for and by young people, 14 – 25, with special educational needs and disabilities



We have achieved the following:

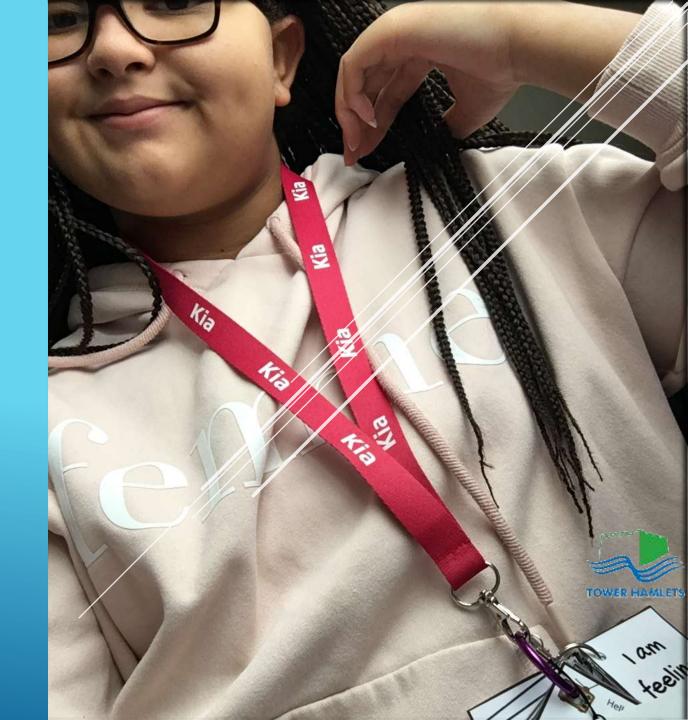


- Run a peer research project
- Participated in National SEND Conference
- Completed an ASDAN Leadership Course
- Given presentations at staff events
- Made art and poems with the A-Team Arts Service
- Organised Events
- Taken part in Local Consultations
- Run our kitchen cooking club

- Mental Health Champions
- Run workshops and given talks in schools and colleges
- Attended Stakeholder meetings
- Workshop at National CDC (Council for disabled children) participation conference
- Working with Spotlight SEND Superheroes
- Presentation to LA children and culture staff
- Representation on the CDC national steering group
- Made films based on Autism, EHCP, personal budgets and training education psychologists

WE EMPOWER AND INSPIRE

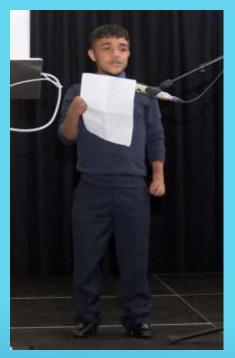
WE SUPPORT OTHERS TO GROW



NEXT STEPS FOR OUR TIME ARE:

- Meet with the Mayor Of London regarding PAN London
- Secure funding to develop the scope and reach of the group
- Visit the Houses of Parliament
- Further develop the Young People Zone on the Local Offer
- Mystery Shopping Services
- Independence for SEND
- Parents views on SEND
- Continue to recruit new members and spread SEND awareness
- Support to promote anti-bullying in order to increase inclusion rates
- Guide young people with SEND towards becoming independent

Abadur Rahman



If you come to the youth forum you will feel welcome, you won't feel left out, and you'll get your voice heard.

We all understand the same feelings that we're all going through. We know we're not the only young people with additional needs. There are lots of people like us all over the country. So you are not alone.

Aklakur Rahman



Lydia Anderson



We do lots of things at the forum. We make films, we plan what to do, we do all different projects and we have events. We tell people what we want and what will help us.

The youth forum is a great opportunity. Use this opportunity while you can. Come and get involved in all the different activities that we do.

Ruhul Amin





WE:

- COOK
- CAMPAIGN
- FUNDRAISE
- MAKE FILMS



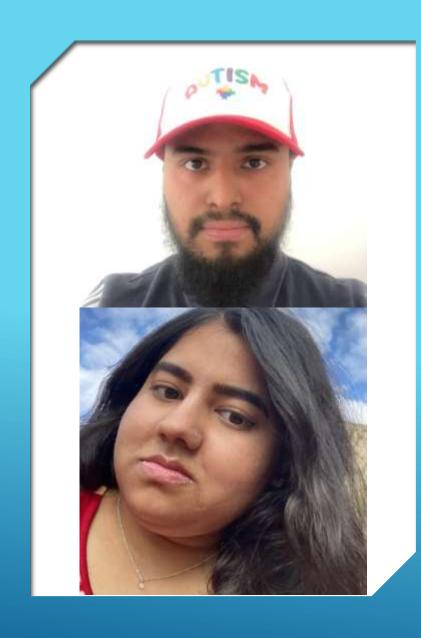
WE:

- WRITE POEMS
- MAKE ART
- WORK WITH PROFESSIONALS
- REPRESENTING YOUNG PEOPLE
- CONSULT









WE GIVE A VOICE TO YOUNG PEOPLE



Front Back





ASD Cards designed by Our Time members Young People's SEND Ambassador Programme

SEND Ambassadors are young people with additional needs who want to keep all young people with SEND: Informed, Consulted

and Included



If you are interested in YP
Ambassadors running a session or
becoming a Young Person's SEND
Ambassador yourself then please
contact us

Email: ypambassadors@gmail.com pac@towerhamlets.gov.uk Tel: 020 7364 6481

YP SEND Ambassadors working together to make changes for young people in Tower Hamlets are supported by Parent and Family Support Service (PFSS)









What support does Our Time need?

- Others to support for promoting Our Time for recruiting more young people with SEND
- Funding for Young People's Forum work
- Employment opportunities for young people with SEND to work for Tower Hamlets Council
- Finding possible funding options to employ young people with SEND as a youth worker or a mentor

► Please get in touch and come along to our next Wednesday meeting

- **▶** 020 7364 6489
- https://www.localoffertowerhamlets.co.uk /young_peoples_zone
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- ► Facebook.com/ourtime.yf
- ▶ Twitter.com/ourtime14
- ▶ instagram.com/ourtime_yf

Our Time

Every star is different

